

# Physical Education

South Ural State University

Degree or qualification is awarded: **Bachelor's degree**

Language of study: **Russian**

Mode of study: **full-time, distance learning**

Duration: **4 years**

Availability of free education: **no**

Price: **178 900 RUB**

Programme webpage at the university website:

<https://www.susu.ru/en/education/bachelors-specialist-degree-programs/490301-physical-education>

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The aim of this programme is to train multi-skilled specialists in the field of physical education and sports training in various types of physical education. The programme is focused on coaching and pedagogical activities in various types of institutions related to physical education and sports, ensuring the formation of methodological knowledge, skills and abilities of applying modern technologies to training athletes; organization and management of the training process, the implementation of its accounting and control; assessment of various body conditions during physical education and sports. Students are involved in research work with the opportunity to present reports at student scientific conferences and publish the results of experimental studies in collected works.

Study subjects:

- engineering graphics;
- engineering construction (geodesy, Geology);
- the basic architecture and building structures;
- building materials;
- engineering systems of buildings and constructions;
- construction machinery and mechanisms;
- technological processes in construction;
- fundamentals of organization and management in construction;
- automated systems of design documentation;
- computer methods of design and calculation, etc.

## Specializations within this programme

### Physical Education

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