# Psychology of Health and Safety

## National Research Tomsk State University

Degree or qualification is awarded: Master's degree

Language of study: **Russian** Mode of study: **full-time** 

Duration: 2 years

Availability of free education: **no** Price: **185 200 RUB per year** 

Programme webpage at the university website:

http://www.psy.tsu.ru/prospective-students/graduate/courses/psychology/practical-psychology-of-individual-achievements

Programme curator: Natalia V. Kozlova

Tel.: **+7 (906) 948-34-01** E-mail: psy@mail.tsu.ru

This program is designed to train highly qualified specialists with deep knowledge in the field health and security psycology and advanced skills for performing the following activities and duties:

- Psychological support for people, who survived extreme and crisis situations;
- Development of diagnostic and rehabilitation programs for post-traumatic stress disorder and other problems associated with a trauma;
- Psychological and acmeological support for specialists, working in extreme conditions: acmeological and psychological diagnosi, acmeological and psychological training for people working in extreme conditions; prevention of problems related to occupational stress, rehabilitation of specialists of extreme profile;
- Development of theoretical foundations and practicies for correction of pathogenic behavior, lifestyles;
- Development of preventive and therapeutic programs aimed at coping with stress and development of health protection programmes;
- Promotion of a healthy lifestyle.

#### Careers

This degree provides a pathway and career development opportunities for a number of professions including public health, agriculture, veterinary science, customs, border protection and quarantine services, government policymaking, defence analysis, intelligence services, and scientists working with security sensitive biological agentsealth security.

#### **Admissions**

Only students with a higher educational diploma may submit application for this programme. The students shall be enrolled on a competitive basis according to the results of entrance examinations.

### Specializations within this programme