

Technologies of Physical Education

National Research Tomsk State University

Degree or qualification is awarded: **Bachelor**

Language of study: **Russian**

Mode of study: **full-time**

Duration: **4 years**

Availability of free education: **no**

Price: **253 300 Rub per year**

Programme webpage at the university website: <http://sport.tsu.ru/node/433>

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The focus of this program is on learning and improving physical, mental and functional abilities of the person, developing and ensuring the principles of active and healthy lifestyle and their practical implementation by means of physical culture and sports, developing personality and introducing universal values of physical culture and sports.

Graduates who choose this major will be able to work in the following main areas:

- teaching and coaching activities in all types of educational institutions and organizations, working with national sport teams;
- management in the field of physical culture and sport at the local, regional and federal levels;
- Solving recreational and rehabilitation problems by means of physical culture and sports, entertaining sports, tourism, working in various rehabilitation and healthcare institutions.

The general scope of the program covers areas of physical culture and sports, mass sports, professional sports, recreation and rehabilitation, activities on improving the health of the population by means of physical culture and sports.

Specializations within this programme