

Modern trends in sport education

Immanuel Kant Baltic Federal University

Language of study: **Russian**

Mode of study: **full-time**

Duration: **2 years**

Availability of free education: **no**

Price:

Master degree in Physical Education and Sport is an excellent opportunity to start a career as a sports instructor. This practice-oriented master program is designed for university graduates, teaching experts, coaches and specialists in the field of physical education and sport.

Specializations within this programme

You will master:

- methods of planning and implementing a training process aimed at running sports training programs;
- organisation of individual or team participation in sports competitions, sports and physical education events;
- specifics of the organization of competitions, sports and recreational activities;
- ways of assessing the capabilities of athletes of different gender and age in order to provide an individual approach to the training process in the chosen sport;
- methods of sports orientation and sports selection for athletes and students.

You will gain a basic understanding of how to organise and conduct scientific research; learn to design and implement physical education and sports training sessions; identify and assess personal, meta-disciplinary and subject outcomes of students' acquisition of the curriculum; assess the level and quality of athletes' training, determine most efficient models and forms of distance learning in physical education and sports.

High quality of theoretical and practical training contributes to social mobility, high competitiveness and sustainability of our graduates in the labour market.

Internship and Prospective Career

Internships are organized in different formats and held at general education institutions, resource centres, further education institutions, sports and recreation complexes. Such experience guarantees employment for graduates.

Experts teaching the program share their work experience and tell all the secrets of the profession, as well as teach students how to achieve excellent performance. The training is carried out in different formats: trainings, practical assignments, project activities based on real cases, professionally-oriented internships – all of them will give you the opportunity to try out working as an instructor, a coach-instructor, a personal trainer.

Participation in professional competitions will additionally allow the students to build a path for your professional development and find useful contacts for career growth.

Further Employment

- Coach
- Coach-Instructor

- Physical Education and Sport Teacher
- Instructor-Methodist
- Researcher in the Field of Physical Education and Sports
- Employee of Further Education Institutions, Sport and Recreation Facilities

Advantages

- implementation of practice-oriented educational technologies in educational and sports organizations of various profiles - general education schools, vocational education institutions, sports schools, sports federations.
- integration of research and academic activities relevant to modern demands of the labour market.
- possibility to simulate educational projects using an in-house distance learning platform.
- developed infrastructure for the training of practical skills in different types of physical activity.
- use of state of the art hardware and software complexes for research in sport.
- prominent scientists in the field of physical education and sport, representatives of sports federations and physical education authorities, and famous athletes (winners and prize-winners of European and World championships and the Olympic Games) have been involved in the implementation of the educational programme.
- The graduate receives in-depth knowledge in biomechanics, sports medicine, physiology, pedagogy, psychology.