

Pedagogy and Psychology of Sports, Physical Culture and Healthy Lifestyle

Far Eastern Federal University

Degree or qualification is awarded: **Master**

Language of study: **Russian**

Mode of study: **full-time**

Duration: **2 years**

Availability of free education: **yes**

Price: **265 000 rubles per year**

Programme webpage at the university website:

<https://www.dvfu.ru/upload/medialibrary/cf8/t79pjad9nbaqltmx4b3mlrrlqu63lwgf/44.04.02%20%D0%9F%D0%B5%D0%B4%D0%B0%D0%B3%D0%BE%D0%B3%D0%B8%D0%BA%D0%B0%20%D0%B8%20%D0%BF%D1%81%D0%B8%D1%85%D0%BE%D0%BB%D0%BE%D0%B3%D0%B8%D1%8F%20%D1%81%D0%BF%D0%BE%D1%80%D1%82%D0%B0.%20%D1%84%D0%B8%D0%B7%D0%B8%D1%87%D0%B5%D1%81%D0%BA%D0%BE%D0%B9%20%D0%BA%D1%83%D0%BB%D1%8C%D1%82%D1%83%D1%80%D1%8B%20%D0%B8%20%D0%B7%D0%B4%D0%BE%D1%80%D0%BE%D0%B2%D0%BE%D0%B3%D0%BE%20%D0%BE%D0%B1%D1%80%D0%B0%D0%B7%D0%B0%20%D0%B6%D0%B8%D0%B7%D0%BD%D0%B8.pdf>

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The educational program is intended for graduates of bachelor's degree and specialty of various fields of training who have decided to get a second higher professional education in the field of physical culture, sports and wellness activities, master professional competencies, devote themselves to physical culture and sports and work as physical culture teachers, sports coaches, organizers in the field of physical culture and sports.

Key modules and disciplines:

Sports psychology; Methodology and innovative technologies of training and education in physical culture and sports; Modern problems and trends of physical culture and sports; Topical issues of psychology of physical culture and sports; Health-saving technologies in physical culture and sports; Modern technologies for improving physical performance in physical culture and sports.

Partners involved in the implementation of the program:

The Department of Education and Science of Primorsky Krai; the Department of Youth Affairs, Physical Culture and Sports of UGO.

Specializations within this programme