

Physical Education for Handicapped Persons

South Ural State University

Degree or qualification is awarded: **Bachelor's Degree**

Language of study: **Russian**

Mode of study: **part-time**

Duration: **5 years**

Availability of free education: **yes**

Price: **185 900 rubles (est)**

Programme webpage at the university website:

<https://www.susu.ru/en/education/bachelors-specialist-degree-programs/490302-physical-education-disabled-people-adapted>

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In the framework of this program students are prepared for work with handicapped people and athletes who require rehabilitation.

Students master psychology, anatomy, exercise therapy, physical rehabilitation, main regularities of pathologic processes, and specific features of human health at different ages.

Students undergo practical training in hospitals, care homes, rehabilitation centers and medical institutions. They take part in the voluntary movement to help children with problems of the support-motor apparatus, organs of vision and hearing.

Specializations within this programme

Physical Education for Disabled People (Adapted Physical Education)

The program is focused on research and teaching types in the field of adaptive physical education. The graduate work will be connected with people with disabilities in health of all disease forms, age and gender groups in the framework of adaptive physical education. The graduate has the skills to form and correct their physical, mental, social and mental characteristics. Rehabilitation, compensatory, preventive types of professional activity are implemented in the context of both educational and training activities which are traditional for pedagogical professions in the field of physical culture, and also in management activity.